Sunday School Lessons

Level I

KG & Pre-K

Ethiopian Orthodox Tewahedo
Debre Meheret St Michael Church

Garland, TX
Creation - I
September - 2nd Week

Objective: Learn about God, and God's creation
References: Genesis 1

The Lesson

Who Created the world, and everything that is in it? What about the Sun and the moon and the stars, and everything in heaven? ... Yes God created everything. There is nothing on earth or in heaven, which was not created by God. God created everything in six days. Today, we will see creation of the first day:

Creations of the First Day
- In the beginning God made the heavens and the earth, but the earth was without form and empty, and darkness was everywhere.
- So God said Let there be light, and there was light everywhere. God divided the light from darkness, and He called the light, day; and He called the darkness, night.
- On this day, God also created all the angels in heaven.

How do you think God created heaven and earth, and the angels in heaven? ... He just said "Let there be heaven and earth ... Let there be angels in heaven ... Let there be light." He created everything just by speaking.

What did God create on the First Day?
1. Heaven with all the angels in heaven.
2. Earth.
3. Light
Exercise: Color the words and the picture

Creation
First Day

In the beginning God created heaven and earth.

Genesis 1:1
Creation - II
September - 3rd Week

Objective: Learn about God, and God's creation
References: Genesis 1

The Lesson

On the last lesson, we learned that God created heaven and earth, and angels in heaven, and light on the first day. Today, we will list what God created on the other days.

2nd Day:
On this day, God said: “Let there be a sky above air and above the water.” And the sky appeared above and clouds, gathered in the sky, and God called the sky heaven.

3rd Day
When God created the earth, it was all covered with water. So, on the third day God said: “Let the waters on earth come together into great seas and oceans, and let dry land appear. Let trees, grass and green things grow on the earth and bring fruit and seeds.” Then the dry land appeared as God commanded, and fruits and plants grew on earth.

4th Day
On the 4th day, God said: “Let the day be divided from the night. Let the sun and the moon and the stars appear in the sky.” So, he created the sun to give light on earth in the day, and the stars and the moon to give light at night.

5th Day
On the fifth day, God said, “Let the waters be filled with fish and let birds fly in the skies.” So, there were different kinds of fish, small and big in the waters, and different kinds of birds also flying in the sky.

6th Day
Then God said: “Let there be animals on earth, beasts, cattle and every kind of crawling creature.” So there were different kinds of animals on earth. There were animals that live in the forest, like lions and Elephants, and there were also household animals, like cows and sheep.

All these God created by speaking. Isn't that amazing. He just said, let there be this & that, and everything that He said to be there, was created.

What did God create from the 2nd day to the six day?
1. The sky
2. The dry land
3. The sun and the stars in heaven
4. All kinds of fish in the waters, and birds in the sky
5. And all kinds of animals on earth.
Exercise: Color the words and the Picture & Draw your favorite animal.
Objective: Learn about how God created Man

References: Genesis 1 & 2

The Lesson

Do you remember all of God's creation from the past lessons? Who created heaven & earth, and the angels? ... What about the sun and the moon and the stars? ... What about the fish in the waters and the birds that fly, and all the animals on earth? ...Yes, God created everything. How did he create all these? ... He created all these by saying *Let there be this & that*, and everything He said was there.

On the last day of creation, after God created all the animals on earth, He said, *"Let us create man in our own image."* But this time instead of saying, *"Let there be man"* He made Him with His own hands, and gave Him life. But Adam was lonely, so God made Adam sleep, and He took a bone from his side and made a woman.

*God put Adam & Eve in the Garden of Eden, and made them a king and a queen over everything on earth.* So, all the animals came to Adam and he gave them all names.

Now that we have covered all of God's creation, can you answer the following questions about creation?

1. How did God create Adam?
2. How did he create a Woman?
3. Who gave names to all the animals?
4. What is your favorite animal?

Adam and Eve are God's children, because He created them, and gave them everything they need. We are also His Children, and God cares for us too, because He is our Father.
God put Adam & Eve in the Garden of Eden, and made them a king and a queen over everything on earth.
The Holy Cross
October 1st Week

Objective: Learn how to prostrate oneself with the cross

References:

Introduction:
Do you pray to God? How do you start your prayer? Today, we are going to learn how to make the sign of the cross.

The Lesson

When we pray, we should always start by making the sign of the cross, saying:

Beseme Ab weWold weMenfes Kidus Ahadu Amlak. Amen.

The way we make the sign of the cross is:
- First we cross our middle finger of the right hand across our index finger to have the shape of the cross.
- Then, with our crossed finger, we touch our forehead and say Beseme Ab, down to our chest and say weWold, go to our left shoulder and say weMenfes Kidus, and then to the right shoulder & say Ahadu Amlak, and then finish by saying Amen.

We always start our prayers by making the sign of the cross, because the cross is a sign love, the love of our Lord and Savior, Jesus Christ. Jesus Christ save us by His cross.

Exercise
1. Color the picture given, and draw another picture of the cross.
2. Practice the following song with the teacher.

Song
Bemeskelu yamenachihu (4)
Enquan lebrehane Meskelu Aderesachihu (4)

Meaning: You who believe in the cross, welcome to the light of the cross.
The Holy Cross

Golgotha
The Power of the Cross
October 2nd Week

Objective: Learn about the power of the cross
References: Synaxarium

Introduction
Do you still remember how to make the sign of the cross? ... Good. Today we will learn the power of making the sign of the cross.

The Lesson

Once upon a time, there was a young man whose name was St. George. He loved God very much. One day he went to a city where the people feared and worshiped a dragon. Just before he entered the city, the dragon came to St. George. But St. George was not afraid of him. He had a secret weapon. The Dragon came to kill St. George. When St. George saw the dragon coming to him, he immediately made a sign of the cross, like this: (Make the sign of the cross). Immediately, the dragon became weak and fell down to the floor. St. George stabbed the dragon with his spear, and killed him. The people were happy that the dragon they feared was dead. St. George taught the people about Jesus Christ, and many people believed.

Do you see how powerful it is to make the sign of the cross? It makes our enemy weak. When you are afraid, if you make the sign of the cross, your fear goes away. No dragon or bad spirits can come to us, because they are terrified of the cross.

Exercise
1. Color the picture given, and draw another picture of the cross.
2. Sing the following song from the last lesson with the teacher.

Song
Bemeskelu yamenachihu (4)
Enquan lebrehane Meskelu Aderesachihu (4)

Meaning: You who believe in the cross, welcome to the light of the cross.
St George kills the dragon by the power of the Cross
Baby Jesus & Virgin Mary go to Egypt
October 3rd Week

**Objective:** Learn about the plight of Virgin Mary & Jesus to Egypt

**References:** Gospel of Matthew, Chapter 2

**Introduction**
Who knows the story of Christmas, and why we celebrate it? ... **It is the day Jesus Christ was born of the Virgin Mary.** After Jesus was born, He and the Virgin Mary had to go to Egypt. We are going to find out why in today's lesson.

**The Lesson**
When Jesus Christ was born, there was a bad king in Jerusalem. His name was Herod. When he heard about the birth of Jesus Christ, he wanted to kill Him, because he heard that Jesus was a king. But an angel came and told Joseph, who was engaged to the Virgin Mary, to take her and baby Jesus to Egypt so that Herod would not find them. So, Joseph did as the angel told him.

He prepared a donkey for the Virgin Mary to sit, with baby Jesus, and they went to Egypt on foot. It was very far, but God was with them, and the angel Gabriel was also helping them on the way. The soldiers of Herod followed them, but God was protecting them, and the soldiers could not find them. So, they arrived in Egypt safely. They stayed in Egypt for three and half years, before they returned to Jerusalem.

**Exercise**
1. Color the picture given, and draw another picture of the cross.
2. Practice the following song with the teacher.

**Song**

*Mariam sheshesh keherods fit (2)*
*Lemasayet (3) yegif tamirishin (4)*

**Meaning:** Virgin Mary fled from Herod, to show the miracle of her injustice.
The Flight to Egypt
God Saves Noah & His Family  
October 4th Week

**Objective:** Learn about how God saved Noah  
**References:** Genesis 7

**Introduction**

What is a flood? ... Yes, when there is a lot of rain, it causes flood. The story we learn today is about how God save a holy man and his family from great flood.

**The Lesson**

There was a man called Noah, who loved God, and kept His commandments. But God was sorry at the other people on earth, because they didn't listen to God and keep his commandments. They were doing a lot of bad things. Because of this God decided to punish the sinners by causing a great flood. But because Noah was a good man, he wanted to save him. So, He told Noah to build a big ship.

Noah did as God told him, but the people were mocking Noah when he was building the ship. Finally, after he finished, He went inside with his family, and took two kinds of all animals on earth with Him. As soon as the door for the ship was closed, it started to rain. The people who laughed at Noah wanted to get in, but it was too late. It rained for 40 days and 40 nights on earth, and everything on earth was destroyed except Noah and his family with all the animals in the ship.

Noah and his family came out of the ship when the earth was dry again. When they came out, God made a promise to Noah. He promised Noah that He would never again destroy the earth because of man's sin.

**Exercise**

1. Color the picture given, and draw another picture of the cross.
2. Practice the following song with the teacher.

**Song**

*Mariam sheshesh keherods fit (2)*
*Lemasayet (3) yegif tamirishin (4)*

**Meaning:** Virgin Mary fled from Herod, to show the miracle of her injustice.
The Ark of Noah
Abraham, Sarah, and the Promise
November - 1st Week

**Objective:** Learn about Abraham, the promise God gave him, and that God fulfills His promise.

**References:** Genesis 18, 21

**Introduction**
Today we are going to learn about a holy man named Abraham, who lived on earth long after the Great Flood. Do you remember what the great flood was? ... It is the flood, which God sent on earth because of the people's sin. Only Noah and his family were saved, because God told them to make a large ship to escape from the flood.

**The Lesson**
Long after the Great Flood, there was a holy man called Abraham. Do you remember how Noah was saved from the Great Flood from last week's story?

Abraham had a wife named Sarah. They used to help the poor, and had a lot of possession. But they didn't have any child. God promised them that he would give them a child. They waited for a long time, but they grew very old without having a child.

One day, God came to Abraham and said to him, "I will give you a child, Sarah your wife will have a son." When Sarah heard this, she laughed in her heart, because she was too old to have a child. God knows even what we think. So, He knew that Sara laughed in her heart. He said to Abraham, why did Sarah laugh, is anything impossible for the Lord?

God gave Sarah and Abraham a son in a within a year, as He promised, and they called their son Isaac. Abraham was 100 year old and Sarah was 90 years old when they had Isaac. God also promised Abraham that He would give him more grand children, and great grand children, and great, great grand children...

**Exercise**
1. What did God promise Abraham & Sara?
   a) a son  b) a big house

2. Did God keep His promise?
   a) Yes  b) No

3. What was the name of the promise child?
   a) Abraham  b) Isaac  c) Adam

4. Color the picture given, and draw another picture of the cross.

5. Practice the following song with the teacher.

**Song**
Le-Getaye le-Egziabher siladeregelign min ekeflewalehu
Misgana new inji (2) lela min elalehu (4)

**Meaning:**
What can I repay God for all that He has done for me?
What else can I say except praising Him?
Isaac Blesses Jacob
November - 2nd Week

**Objective:** Learn about the importance of blessing

**References:** Genesis 27

**Introduction**
Do you remember who Isaac is? He is the promise child God gave to Abraham and Sarah. Today will learn about a special blessing Isaac gave to his son Jacob.

**The Lesson**
Isaac, the promise child of Abraham and Sarah, married a woman named Rebecca when he got older. Isaac and Rebecca had two children - Esau and Jacob. They were twins, but Esau was born first. Thus he was considered older.

Being born first was special. There was a special blessing the first-born gets from his father. So, Esau being born first, would get the **Blessing of the First-Born** from his father, Jacob.

One day Esau came from hunting very hungry, and found Jacob making food. So, he asked him to give him of the food he was making. Jacob told him that he would, only if Isaac would give him the blessing of the first-born. So, Esau told him that he could have it, and he ate from Jacob's food.

Thus when Isaac got old, Jacob received the blessing of the first born from his father. But because Esau gave up his right for the blessing, he did not get the blessing of his father. God blessed Jacob because of his father's blessing.

**Exercise**
1. Who is the father of Isaac?
   a) Jacob b) Abraham c) Esau
2. Who was the first born of Isaac and Rebeka?
   a) Jacob b) Esau
3. What was the special thing the first born gets?
   a) a car b) a house c) a blessing
4. Who receive the blessing of the first born from his father?
   a) Jacob b) Esau
5. Color the picture given, and draw another picture of the cross.
6. Practice the following song with the teacher.

**Song**
Le-Getaye le-Egziabher siladeregelign min ekeflewalehu
Misgana new inji (2) lela min elalehu (4)

**Meaning:**
*What can I repay God for all that He has done for me? What else can I say except praising Him?*
Isaac Blesses Jacob
Objectives: Learn about Jacob
References: Genesis 28

Introduction
As we have learned in the last lesson, Jacob is the Son of Isaac. He received the Blessing of the First-Born from his father. Do you get blessings from your parents? He received a blessing because he was a good son, and obedient to his parents. Today, we will learn a story about a strange dream Jacob had.

The Lesson
Jacob was sent to his uncle after he received the Blessing of the First-Born. When he was traveling, it got dark before he reached his uncle. So he rested in a certain place and stayed there all night. While sleeping in this place he had a strange dream:

In his dream, Jacob saw a ladder that stretched from earth all the way to heaven. He saw angels going up and down this ladder, and God was at the top of the ladder. He heard God say, "I am the Lord God of Abraham your father, and the God of Isaac. The land on which you lie, I will give to you and your descendants..."

When Jacob woke up from his sleep, He said, "How awesome is this place! This is none other than the house of God." Then, Jacob named this place Bethel, which means "The House of God."

Exercise
1. Who did Jacob go to after he received a blessing from his father?
   a) His mother b) His uncle c) His nephew
2. Which of the following did Jacob see in his dream?
   a) a ladder b) angels c) God d) a house e) a car
3. What did he call the place where he had the dream?
   a) Jordan b) Jerusalem c) Bethel
4. Color the picture given, and draw another picture of the cross.
5. Practice the following song with the teacher.

Song
Le-Getaye le-Egziabher siladeregelnign min ekeflewalehu
Misgana new inji (2) lela min elalehu (4)

 Meaning: What can I repay God for all that He has done for me?
What else can I say except praising Him?
Jacob's Dream
Jacob's Struggle for a Blessing

November - 4th Week

Objective: Learn about the importance of blessings
References: Genesis 28

Introduction
Jacob loves blessings. He received a blessing from his father Isaac. Esau, Jacob's brother, was the first-born. Therefore, he was the one to get his father's blessing. But he traded his blessing for food. But Joseph always wanted to get his father's blessing. Today, we are going to see how Jacob struggled and received a blessing from God.

The Lesson

Jacob, the son of Isaac formed a big family in his uncle's place. He stayed with him 20 years, and had 12 sons. After 20 years, he decided to return to his father's place. He gathered all his belongings, his sheep, cows, camels ... and started his journey with his sons.

When it got dark, he set camp in a certain place until the morning. On that night, he struggled with a man until there was light in the morning. The man said to Jacob, "Let me go." But Jacob would not let him go. He said, "I will not let you go unless you bless me." So the man said to him, "Your name shall no longer be called Jacob, but Israel." And He blessed him. So, Jacob's new name was Israel

Jacob knew that it was God that he was struggling with, and because he struggled and begged to get His blessing, God blessed Him. So he lived many years, and saw many grandchildren. God blessed him, and blessed all His children for him.

Exercise
1. How many years did Jacob stay at his uncle's place
   a) 7       b) 14       c) 20
2. How many sons did he have?
   a) 5       b) 7       c) 12       d) 15
3. Why did he struggle with a 'Man' all night?
   a) for fun   b) to get a blessing   c) to win a fight
4. What was Jacob's new name?
   a) Adam       b) Israel       c) John

5. Color the picture on the next page.
6. Practice the following song with the teacher.

Song
Barken barken lijochihin barken
Bekidus menfesih and hasab adirgen (4)

Meaning: Bless us, bless us, your children; bless us
Through the Holy Spirit, make us of one accord.
Esau trades his birth right to Jacob
Moses & the Burning Bush
December - 1st Week

Objective: Learn about God's miraculous appearance to Moses.
References: Exodus 3

Introduction
Moses was born in Egypt and grew in a king's palace. He was compassionate and eager to help the poor. When he grew older, he left the king's palace because the king wasn't happy with Moses for helping slaves in Egypt. So, he went to another country. Today, we are going to learn about a miraculous vision he had on a mountain.

The Lesson
Moses used to keep the sheep of his father in law, his wife's father. Once upon a time, while keeping the sheep, he came to a place called the Mountain of God. On the mountain, he saw a fire burning in the middle of a bush. But the bush was not burning. So, Moses decided to go up, to the top of the mountain and see this strange sight.

When he went up, God called out to him, "Moses, Moses". Moses replied "Here I am". Then God said to him, "Do not come near this place. Take your shoes off your feet, for the place where you stand is holy ground." Then God told Moses to go back to Egypt to free God's people, who were enslaved in Egypt. God told him that He would be with him and help him. So., Moses went to Egypt to free God's people.

Moses went up to the mountain to see the strange fire in the bush, and came down from the mountain to go to Egypt to free his people.

Exercise
1. Where did Moses grow up?
   a) In his father's house  b) In a king's palace  c) In a church
2. What was Moses doing when he came to the mountain of God?
   a) Playing  b) Farming  c) Keeping the sheep of his father in law
3. What did Moses see on the mountain of God?
   a) A fire burning in the middle of a bush  b) a big tree  c) a lion
4. What did God tell Moses?
   a) To take off his shoes  b) To go back to Egypt to free his people  c) Both

5. Color the picture on the next page.
6. Practice the following song with the teacher.

Song
Musse zer-uye zer-uye bedebre sina (2)
Hamelmalawit Itse Hamelmalawit (4)

Meaning: (You /Virgin Mary/ are) What Moses saw on Mount Sinai (Mountain of God)
The evergreen bush, the evergreen.
God talked to Moses in the middle of the Burning Bush on the Mountain of God. He told Moses to go to Egypt and free His people.
Objective: Learn about God's miracle at the Red Sea.

References: Exodus 5, 7-11

Introduction
Do you remember what God told Moses on the Mountain of God from the last lesson? ... He told Moses to go to Egypt to free His people. Moses went to Egypt as God commanded him, and with many miraculous powers of God, he was able to free the Israelites from slavery. We are going to see a miracle that happened on the way, when the Israelites were traveling out of Egypt.

The Lesson

When Moses went back to Egypt and told the king to free God's people, the king refused. But he let the people go after God sent many sufferings upon the king and his people. When Moses and the people of God, the Israelites, came to the Red Sea, the king changed his mind and sent his army to bring them back. When the Israelites saw this, they cried against Moses.

God told Moses to hit the Red Sea River with his rod. When Moses hit the Red Sea with his rod, the water parted into two, causing a dry land in the middle. So the Israelites crossed the Red Sea through the dry land.

The king's army followed the Israelites into the sea, but Moses hit the sea again, and the water came on the dry land. All of Pharaoh's army, their horses, and their chariots drowned in the Red Sea.

Exercise

1. Did the king let go the Israelites at first?
   a) Yes  b) No

2. When did the king let them go?
   a) When Moses ordered him  b) After God sent many sufferings  c) He didn't let them go

3. What did God tell Moses to do when the army of the king came after the Israelites?
   a) To fight back  b) To return to Egypt  c) To hit the water with his rod

4. How did the Israelites cross the Red sea?
   a) By swimming  b) With an airplane  c) On the dry land through the parted sea

5. Color the picture on the next page.

6. Practice the following song with the teacher.

Song

Musse zer-iye zer-iye bedebre sina (2)
Hamelmalawit Itse Hamelmalawit (4)

Meaning: (You /Virgin Mary/ are) What Moses saw on Mount Sinai (Mountain of God)
The evergreen bush, the evergreen.
When the army of Pharaoh, Egypt's king came after the Israelites, Moses hit the Red Sea River with his rod as God told him to do, and the water parted into two. The Israelites then crossed the Red Sea through the dry land, and praised God for saving them with his miracles.
Manna from Heaven

December - 3rd Week

Objective: Learn about God's care for the Israelites on their journey from Egypt to Israel.

References: Exodus 16

Introduction

So far, we have seen two great miracles of God to free the Israelites from slavery? Do you remember? ... The burning bush, and the parting of the Red Sea River into two. Today, we are going to see how God miraculously fed the Israelites on their journey after they left Egypt.

The Lesson

Few days after the Israelites crossed the red sea, they came into a wilderness, and did not have anything to eat. So, they cried to Moses saying, "Why did you bring us out of Egypt, for we had bread to eat until we were full in Egypt."

God heard the cry of the people and told Moses that he would give them bread from heaven. On the next morning the people saw bread everywhere out side. It looked white, and tasted like wafer made with honey.

The Israelites journeyed for 40 years in the wilderness before they reached Jerusalem, and God fed them with this bread from heaven for 40 years.

Exercise

1. Why did the Israelites cry to Moses?
   a) They didn't have food. b) They were tired. c) They didn't like Moses

2. How did God feed the Israelites?
   a) He gave them money to buy food. b) He blessed their harvest
   c) He gave them bread from heaven.

3. How many days did God feed the Israelites with manna from heaven?
   a) 40 days  b) 40 years  c) 25 years

4. What did the wafer taste like?
   a) Vanilla ice-cream b) Ethiopian bread c) Wafer with honey

5. Color the picture on the next page.

6. Practice the following song with the teacher.

Song

Ze-awredke mena (4)
Micha-el (3) ze-awredke mena (2)

Meaning: You gave them manna from above
          St Michael, you gave them Manna from above.
God promised Abraham that he would give Canaan to his descendants. Moses looks at this promise land, leading the descendants of Abraham from slavery in Egypt. God fed the Israelites with manna (bread) from heaven for 40 years during their journey from Egypt to Jerusalem.
Water from a rock
December - 4th Week

Objective: Learn about God's care for the Israelites on their journey from Egypt to Israel.
References: Exodus 17

Introduction
Last time we saw how God took care of Israel by giving them manna from heaven. Today, we are going to see how God continued to care for the Israelites.

The Lesson
Once upon a time, during their journey to Jerusalem, the Israelites complained against Moses because they were thirsty, and they didn't have any water to drink. They said to Moses, "Why did you bring us out of Egypt to kill us, our children and our cattle with thirst." They forgot all the miracles of God, and asked themselves if God was with them.

Moses prayed to God for water. God told him to go with the elders and strike a rock with his rod, the same rod that he hit the Red Sea River with, to part it into two. When he hit the rock, water came out of the rock like spring water. So the people of Israel and all their children drank from this water.

Exercise
1. Why did the Israelites cry to Moses after God gave them manna?
   a) Because they wanted water  b) They didn't want manna.  c) none

2. What did God tell Moses to do when the Israelites cried for water?
   a) To hit a rock with his rod  b) To get water from a river  c) To dig for water

3. What other miracle did Moses do with his rod?
   a) He parted the Red Sea River  b) He bit horses with it.  c) He dug a well.

4. Color the picture on the next page.

5. Practice the following song with the teacher.

Song
Ze-awredke mena (4)
Micha-el (3) ze-awredke mena (2)

Meaning: You gave them manna from above
St Michael, you gave them Manna from above.
The Israelites cried against Moses for lack of water. But, Moses prayed to God, and He gave them water from a rock to drink.
The Birthday of Jesus Christ
January - 1st Week

Objective: Learn about the Nativity story.
References: Matthew 1 & 2, Luke 2

Introduction
Do you remember the miracle you learned last week? ... So far, we have seen how God cared for His people from the time of creation until the coming of Moses. Today, we are going to learn about the birth of a King, Jesus Christ, many, many years after the time of Moses.

The Lesson
Why do we celebrate Christmas? ... We celebrate Christmas because it is the Birthday of Jesus Christ, our Lord. Our church celebrates Christmas on January 7.

Two thousand years ago, on a cold night, Jesus Christ was born in a manger, at a place called Bethlehem in Jerusalem. Do you know what a manger is? ... The Virgin Mary, and Joseph went to Bethlehem to register for population count, but they could not find a place to stay. The only place they could find was a manger. The Virgin Mary gave birth to baby Jesus in the manger.

On the same night, an angel appeared to shepherds who were keeping their flock at night. When the angel appeared, there was a bright light around them, and the shepherds were afraid. But the angel said to them, "Fear not, for I bring you good news of great joy ... there is born to you this day in the city of David a Savior, who is Christ the Lord. And this will be the sign to you. You will find a Baby wrapped in cloths, lying in a manger."

And suddenly, there were with the angel many other angels praising God by saying: "Glory to God in the highest, and on earth peace and goodwill toward His people!" Bethlehem was the city that was called the city of David. So, the shepherds went to Bethlehem and found The Virgin Mary and Joseph, and the Baby lying in the manger as the angel had told them. And they returned glorifying and praising God for what they had heard and seen.

Exercise
1. Why do we celebrate Christmas?
2. Where was Jesus Christ born?
3. Who told the shepherds about the birth of Jesus Christ?
4. Repeat the angel's song with the teacher at least three times:
   "Glory to God in the highest, and peace to His people on earth."
5. Learn the following song

Song
Beberet tegna becherk teteketelele (2)
Ye-alem medhanit (2) zare tewoledde (2)

Meaning: He lied in a manger, and was wrapped in cloths,
The Savior of the World, was born today.
"There is born to you this day in the city of David a Savior, who is Christ the Lord. And this will be the sign to you. You will find a Baby wrapped in cloths, lying in a manger."
Kings Bring Gifts to Jesus
January - 2nd Week

Objective: Learn about the Nativity of Christ, and the wise men.

References: Matthew 2

Introduction
Last week we learned why we celebrate Christmas ... We have seen that Jesus Christ was born in Bethlehem, in a manger, and on the night He was born, angels told shepherds the news, and they visited and worshipped Him. Today, we are going to learn about another visitors who came from a far away place.

The Lesson
When Jesus Christ was born in a manger in Bethlehem, angels brought the news of His birth to shepherds. But, in a far away place, a unique star appeared to kings, and they knew that the star was a sign of the birth of a King. So, they packed their gifts and followed the star to the new - born King.

The shinning star led the kings all the way to where baby Jesus was with the Virgin Mary and Joseph, in Bethlehem. When they came in, they worshipped Jesus Christ and each gave Him their presents. They brought three presents for Him: gold, frankincense and myrrh. They went back to their country, after worshipping and presenting Jesus Christ their gifts.

Exercise
1. How did the kings learned about the birth of Jesus Christ?
2. What did they do after they learned of the new - born King?
3. What were the gifts the Kings brought to baby Jesus?
4. Did you get gifts for Christmas? Did you give gifts to anybody? What about gifts to Jesus Christ?
5. Learn the following song

Song
Beberet tegna becherk tetekelele (2)
Ye-alem medhanit (2) zare tewoledde (2)

Meaning: He lied in a manger, and was wrapped in cloths,
The Savior of the World, was born today.
"When Jesus was born in Bethlehem ...
there came three wise men (kings) from the east to Jerusalem"
Matthew 1:25
Baptism of Jesus Christ
January - 3rd Week

Objective: Learn about Jesus' Baptism
References: Matthew 3

Introduction
During the last periods, we learned that Jesus Christ was born in Bethlehem, in a manger from the Virgin Mary. So, Christmas is the celebration of the Birthday of Jesus Christ. We also learned that three kings from the East, following a star, brought Jesus Christ gifts ... Do you remember the gifts?

Today we are going to learn about the baptism of Jesus Christ.

The Lesson
When Jesus Christ was 30 years old, He came to a river called Jordan. There was a man who was baptizing people in the Jordan River. His was called John the Baptist. Jesus came to the river to be baptized by him. But John tried to prevent Him saying he is the one who needed to be baptized by Jesus. But Jesus wanted to set an example for us, and He told John to baptize him again. Thus John baptized Jesus Christ.

When Jesus came from the water, two miracles were seen:
1. The heavens were opened and the Spirit of God descended upon Jesus Christ in the form of a dove.
2. A voice came from heaven saying, "This is My beloved Son, in Whom I am well pleased."

Exercise
1. How old was Jesus Christ when He was baptized?
2. Where was He baptized?
3. Who baptized Him?
4. What are the two miracles that were seen when Jesus Christ came out of the water?
5. Learn the following song

Song
Hore Eyesus Hore Eyesus (2)
Em-Gelila (3) habe Yohannes (2)

Meaning: Jesus went
From Galilee to John (to the Jordan River for Baptism)
When Jesus came out of the water, after being baptized by John, the heavens were opened, and the Spirit of God descended upon Him like a dove. And a voice from heaven said, "This is my beloved Son, in whom I am well pleased." Matthew 3:16-17
The Miracle at Cana
January - 4th Week

**Objective:** Learn about Jesus' First Miracle after His baptism

**References:** *John 2*

**Introduction**

In the previous lesson, we learned about the Baptism of Jesus Christ. *Do you remember who baptized Him, and where He was baptized?* ... John baptized Him in the Jordan River. Today we are going to learn about the first miracle Jesus Christ performed after His baptism.

**The Lesson**

Once upon a time, Jesus Christ was invited to a wedding with His mother the Virgin Mary, and His disciples. In a place called Cana of Galilee. The hosts of the wedding got into a problem because they were out of wine. The Virgin Mary understood their problem, and she told her Son, Jesus Christ that they were out of wine.

The Virgin Mary knew that He could do something for them. So, she told the servants to do whatever He told them to do. There were six empty water pots. Jesus told the servants to fill the pots with water. After they filled them up, He told them to pour out from the pots and serve the guests. And when they did that, wine came out of the pots. Jesus changed the water into wine.

This wine was much better than the one they had earlier. **This was Jesus' first miracle, which He did in Cana of Galilee.**

**Exercise**

1. Where were Jesus Christ, the Virgin Mary and His disciples invited to?
2. What problem did the wedding hosts have?
3. Who told Jesus Christ about the problem they had?
4. What did Jesus Christ do to solve their problem?
5. Learn the following song

**Song**

*Hore Eyesus Hore Eyesus (2)*
*Em-Gelila (3) habe Yohannes (2)*

**Meaning:** *Jesus went*  
*From Galilee to John (to the Jordan River for Baptism)*
Jesus' First Miracle
He turned water into wine.
John 2:1-9
The Miraculous Fishing
February - 1st Week

Objective: Know Jesus Christ through His miracles
References: Luke 5

Introduction
What was the first miracle of Jesus Christ after His baptism? ... He changed water into wine. In this lesson and the following few lessons, we are going to learn different miracles of Jesus Christ.

The Lesson
Once upon a time, Jesus Christ was teaching many people by the see. He was teaching them sitting in a fishermen's boat. Do you know what fishermen's do? ... After He finished teaching, he called Simon Peter, one of the fishermen, and told Him to drop the net in the sea to catch fish.

Before Jesus started teaching, the fishermen were trying to catch fish all day, but they couldn't catch any. So, Simon Peter said, "Master, we've worked hard all night and haven't caught anything. But because you say so, I will let down the nets." When he let his net in the water, they caught so many fish in the net that they could not pull it out of the water. So, he called his friends, James and John to help him.

They pulled out the fish and filled them in two boats. They were all so amazed at what they saw that they left everything and followed Jesus.

Exercise
1. What was Jesus Christ's first miracle after His baptism?
2. What do fishermen do?
3. Were Peter & his friends able to catch any fish before Jesus Christ came to their boats?
4. What happened when they put their net in the water, after Jesus Christ told them to do so?
5. What did the fishermen do after the saw the miracle of Jesus Christ?
6. What are the names of the fishermen that followed Jesus Christ?

Song
Tenageru dink sirawin meskiru
Tamirun le-alem nigeru (2) dink sirawin meskiru

Meaning: Speak of and witness His marvelous work; Tell His miracles to the world, witness His marvelous work.
"From now on you, will catch men." Luke 5:10
Objective: Know Jesus Christ through His miracles
References: John 9

Introduction
So far we have see two miracles of Jesus Christ. Do you remember what they are? ... We saw that He changed water into wine at a wedding, and He let the fishermen catch a lot of fish. We will continue to learn about another miracle today.

The Lesson
There was a man who was born blind. Jesus' disciples asked Him, "Master, who sinned, this man or his parents, that he was born blind?" Jesus said to them he was not born blind because of his sin or his parent's sin, but so that the work of God may be revealed through him. After he said this, Jesus mixed some mud with His saliva, and put it on the man's eyes. Then he told him to go and wash in the pool called Siloam.

So, the man went and washed his eyes as Jesus told him, and he came back seeing. When the people saw him, some were amazed and said that this was the blind man they saw begging; but others said he was not, he just looked like him. But the man told them that he was the one, and told everyone how Jesus Christ healed Him.

Exercise
1. Why was the man Jesus healed, born blind?
2. How did Jesus heal the blind man?
3. What did the people say after the blind man was healed and could see?
4. What did the blind man tell everyone?

Song
Tenageru dink sirawin meskiru
Tamirun le-alem nigeru (2) dink sirawin meskiru

Meaning: Speak of and witness His marvelous work;
Tell His miracles to he world, witness His marvelous work.
Healing the Lame
Jesus Walks on Water
February - 3rd Week

**Objective:** Know Jesus Christ through His miracles

**References:** *Matthew 14*

**Introduction**
Jesus performed many miracles, like healing the lame, giving sight to the blind, changing water into wine, feeding many people ... Today, we are going to learn about another miracle of Jesus Christ.

**The Lesson**

Once upon a time, after Jesus Christ preached to many people, His disciples went ahead of Him on a boat. Later, they saw Jesus Christ coming to them walking on the water. They were terrified because they thought they saw a ghost. But Jesus said to them, "*It is I, do not be afraid.*"

Peter said, "*Lord, if it is you, tell me to come to You on the water.*" Jesus said to him, "*come,*" and Peter came out of the boat and started walking on the water. But when he saw the wind, he became afraid and started to sink. So, he cried out to Jesus saying, "*Lord, save me.*" Immediately, Jesus reached out and caught him, and said to him, "*Why did you doubt?*"

They both got in the boat, and all the disciples worshipped Jesus.

**Exercise**
1. What did the disciples think when they saw Jesus Christ walking on the water?
2. What did Peter say when he heard Jesus Christ?
3. Why did Peter sink after he started walking on the water?
4. What did the disciples do after Jesus got in the boat with them?

**Song**

*Tenageru dink sirawin meskiru*

*Tamirun le-alem nigeru (2) dink sirawin meskiru*

**Meaning:** *Speak of and witness His marvelous work;*  
*Tell His miracles to he world, witness His marvelous work.*
Jesus Walking on Water
Objective: Learn about proper behavior inside the church
References: Matthew 21

Introduction
Do you know what a temple is? It is a house of prayer like a church. Long time ago, people used to pray in temples, just like we do in church now. Today, we are going to learn about how people misused the temple, and what happened when Jesus Christ came into this temple.

The Lesson
One day, Jesus came to Jerusalem with His mother, the Virgin Mary and His disciples. When he came into the temple in Jerusalem, he saw people trading and exchanging goods like a marketplace.

Jesus was upset because they turned the house of prayer into a marketplace. Jesus turned their tables, and threw their goods out of the temple. He said to the people, "My Father's house shall be called a house of prayer."

Do you pray in church? ... The church, like a temple, is a house of prayer. Angels and saints are present in the church. Moreover, God accepts our prayers in a church. So, we have to behave and only pray in the church, so that Jesus Christ will be happy with us.

Exercise
1. What is a temple?
2. What were the people doing in the temple in Jerusalem when Jesus came?
3. What did Jesus do when he saw the people trading inside the temple?
4. What are we supposed to do in a church?

Song
Tenageru dink sirawin meskiru
Tamirun le-alem nigeru (2) dink sirawin meskiru

Meaning: Speak of and witness His marvelous work;
Tell His miracles to the world, witness His marvelous work.
"My house shall be called the house of prayer." Mathew 21:13
**Objective:** Learn about the childhood of King David  
**References:** 1 Samuel 17:34-36

**Introduction**  
David was a king of the Jews. God chose him to be a king because he was faithful, humble. Today we are going to start a lesson on David from his childhood.

**The Lesson**  
The child David was a handsome boy who cared for his father’s sheep. He loved those sheep and sang to them with the flute... and the sheep gathered around him. He had a staff not to strike the sheep but to protect them. He cared for all of them.

He cared for them so much that he fought against a lion, and also a bear to save his sheep. But he always thanked God, for he knew that it was God, who gave him the courage and the strength to save his sheep from the mouth of a lion and a bear. David used to always call on the name of God, and pray before going out to keep his father's sheep, and used to pray, singing and playing the flute.

**Exercise**  
1) How did David serve his father?  
2) Why did David carry a staff?  
3) Who gave him the strength to fight against a lion and a bear?  
4) Why did he fight against a lion and a bear?

**Song**  
*Egziabher berhanena medhanitte new (2)*  
*Yemiyasdenegitegne yemiyasferagne manew (2) Amlake memekiyaye new (2)*

**Meaning:**  
*God is my light and my savior*  
*Who shall scare me, or make me afraid; My Lord is my dependence.*
Obedience

God will help me do what’s right.
Objective: Learn about the childhood of King David

References: 1 Samuel 17:34-36

Introduction

Last week we have seen the childhood of David. Do you remember what he used to do as a child? ... Yes, he used to take care of his father's sheep, and protect them from lions and bears. Today, we are going to learn about how he was chosen a king.

The Lesson

There was a prophet called Samuel. Do you know what a prophet is? A prophet is someone God sends to tell His messages to the people. Once, God told Samuel to fill his horn with oil and go to a man called Jesse. He told Samuel that he is going to make one of the sons of Jesse a king.

Samuel went to Jesse as God told him. When Jesse and his neighbors saw him, they asked him why he came. They knew that he was a man of God, and thought that he was going to tell them a message from God. Samuel told them that he came to sacrifice and told them to clean themselves and come to the sacrifice.

When the first of Jesse's sons came, Samuel thought this was the one God had chosen. But God said to him he wasn't the one. He told him not to look at his height and body, because man looks at outward appearance, but God looks at the heart. Jesse made all his sons pass before Samuel, but God did not choose any of them. So Samuel asked Jesse if there is anyone else left. Jesse said there is the youngest, but he is keeping the sheep.

Samuel told Jesse to bring him quickly. When the youngest son, David came in, he was glowing, and had a beautiful, and graceful appearance. God told Samuel to anoint David with oil, for this was the one he chose. So, Samuel took the horn of oil and anointed David, and the Spirit of God came upon Him.

Exercise

1) What is a prophet?
2) Who is the prophet God sent to Jesse?
3) What was David doing, when the prophet Samuel was trying to chose a king from among Jesse's children?

Song

Yematankela tigu Eregnachin (2)
Tebikilin (2) mahiberachinin (4)

Meaning: Our Shepherd, who never sleep, Protect and maintain our congregation.
The LORD said, "Rise and anoint him; he is the one."

*1 Samuel 16:12*
Objective: Continue learning about David  
References: 1 Samuel 16:14-23

Introduction

Saul was the first King of Israel. God made him a king over all of Israel. But, when Saul became a king, he disobeyed God repeatedly. So the Spirit of God departed from him and he was troubled with evil spirit. In the story today, we are going to see how David drove away the evil spirit from Saul. Do you remember the story of David from the previous lesson? ...

The Lesson

Saul was disobedient to God, and thus the Spirit of God left him. When the Spirit of God departed from Saul, he was troubled with an evil spirit. Saul called his servants and told them to find him someone who plays the harp. One of his servants said that he had seen David, the son of Jesse play the harp, and that he sings and plays it pretty good.

So, Saul sent for Jesse to send his son David to him, and Jesse sent David to Saul and gave him a donkey and bread and wine for the road. When Saul saw David, he loved him greatly and made him his armor bearer. So, David stayed with Saul, and played the harp for him.

When David played the harp, Saul was refreshed and the evil spirit that came upon him departed from him as well.

David had special gift of playing the harp and praising God by singing. He praised God with a lot of songs that are called Psalms.

Exercise

1) Who made Saul a king over Israel?  
2) Why did the Spirit of God depart from Saul?  
3) How did David drive away the evil spirit from Saul?  
4) Who was the father of David?

Song

Zemiru leAmlakine Zemiru (2)  
LeNigusine zemiru (4)

Meaning: sing to our God, sing to our King (Psalm 9:11)
David Playing the Harp

The LORD said, "Rise and anoint him; he is the one."
1 Samuel 16:12
David and Goliath
Lent - 5th Week

**Objective:** Continue learning about David

**References:** 1 Samuel 17

**Introduction**
Do you remember what David used to do as a child? ... He used to keep his father's sheep, and protect them from lions and bears. He used to play harp and praise the Lord, while keeping his father's sheep. Today, we are going to learn about how David helped Israel and King Saul defeat their enemy in a battle.

**The Lesson**

Once upon a time, there was a giant Palestinian whose name was Goliath. He came to the Israelites, and asked if anyone would fight him. He mocked the Israelites, and their faith in God. The Israelites were afraid of him, because he was strong and big. But, even though he was young, David did not fear him.

He told Saul that he saved his father's sheep from the lions and bears, and told him that he would go fight this giant also. He said that God would give him victory over Goliath. So, Saul allowed him to go and fight Goliath.

When Goliath saw David, he said, “Come here, and I will give your flesh to the birds.” But David replied, “You come against me with sword and spear but I come to you in the name of the Lord.”

David reached into his bag, took a stone, and slung it at Goliath. He hit him on the head, and the giant fell down on his face. David believed that God would give him glory, and with God’s help, he killed the giant.

The Israelite rejoiced and praised God. They also sang with joy saying, "Saul has slain his thousands, and David his tens of thousands."

**Exercise**

1) What was the name of the giant who mocked Israel?
2) Why were the Israelites afraid of him?
3) Was David afraid of Goliath?
4) What did David say to Goliath?

**Song**
Zemiru leAmlakine Zemiru (2)
LeNigusine zemiru (4)

**Meaning:** sing to our God, sing to our King (Psalm 9:11)
David & Goliath
David and Jonathan
Lent - 6th Week

**Objective:** Learn about friendship

**References:** 1 Samuel 18 - 20

**Introduction**
Do you remember what the Israelites sang after David killed the giant Goliath? … They sang, "Saul has slain his thousands, and David his tens of thousands." Saul was jealous because they praised David more than him. Today, we are going to learn how jealousy turned Saul against David. This is also a story of great friendship between David, and Saul’s son, Jonathan.

**The Lesson**
Saul was the king of Israel. He had a son called Jonathan. Jonathan loved David very much, after David killed the giant Goliath. Jonathan gave David his own cloth and his sword.

David became famous in Israel, even more famous than King Saul. Saul became very jealous of him because of this and wanted to kill him. One day, when David was playing a harp for Saul, he threw a spear at David to kill him, but David escaped.

Jonathan said to his father, Saul, "Do not sin against your servant David; because he has not sinned against you, and he has been good to you." Saul listened to Jonathan and promised not to kill David. But Saul tried to kill David with a spear again while he was playing the harp for him.

Saul said to Jonathan, "As long as David lives, you will not be king." But Jonathan cared more for his friend David than being a king. He told David that his father is determined to kill him, and told him that he has to go away. They met in secret, and cried because they didn't want to part, but David had to go away from Saul. So, Jonathan said to David, "Go in peace, and the Lord be between you and me." So, David departed.

**Exercise**
1) Why did Saul want to kill David?
2) What was the name of Saul’s son, who was also David’s friend?
3) Was Jonathan a real friend? Why?
4) What is jealousy?

**Song**
Egziabher yiwedenal yitebikenal (2)
Esu legna demun kisolinal (4)

**Meaning:** God love us and protects us
He paid for (our sins) with His blood.
"A friend loves at all times." (Proverb 17:17)
David Remembers Jonathan's Kindness
Lent - 7th Week

**Objective:** Learn about Friendship & Keeping a promise

**References:** 2 Samuel 1 & 9

**Introduction**

In the previous lesson, you learned about the true friendship of David and Jonathan. David had to go away from Saul, and leave his friend Jonathan, because Saul wanted to kill him. Before David fled from Saul, He and his friend Jonathan made a promise. Jonathan said to David, *"You will show me the kindness of the Lord, and also show your kindness to all my family."* And David promised him he would. Today, we are going to see how David kept his promise.

**The Lesson**

After David fled from King Saul, the Philistines fought against Israel. Saul and his three sons including Jonathan, David's friend, died in the battle. When David heard the death of Saul and Jonathan, he cried a lot.

After Saul died, David became the new king of Israel. When he became a king he remembered his promise to his friend Jonathan, to show kindness to his family. So David asked his servants, *"Is there anyone of the house of Saul, that I may show him kindness for Jonathan's sake?"* David's servants brought someone who was Saul's servant. The servant told them that Jonathan had a son. So, King David had Jonathan's son called to him. When Jonathan's son came to David, he fell down on David's feet, as it was the custom to greet kings.

David raised Jonathan's son and said to him, *"I will show you kindness for Jonathan's sake, and will give you all the land of Saul."* Jonathan's son was happy and thanked David. David fulfilled his promise to Jonathan by showing kindness to his son.

**Exercise**

1) What was the promise between David and Jonathan?
2) Did David keep his promise? How?
3) Was David happy when Saul and Jonathan died?
"A friend loves at all times." (Proverb 17:17)
Objective: Learn about the glorious entry of Jesus Christ into Jerusalem, and how children received Him

References: Matthew 21:1-11

Introduction
Do you remember the story Jesus Christ from previous lessons, where he was born, and what miracles he did? … He is the Son of God. The Virgin Mary is His mother. Today, we are going to learn about how children received Him, when He came into Jerusalem.

The Lesson
Jesus used to do a lot of miracles in Israel. Do you remember any miracles of Jesus? He made the lame walk. He made deaf hear. And He made the blind see.

Once upon a time, when it was the Jews holiday in Jerusalem, many people gathered for the holiday. Jesus also went to Jerusalem, sitting on a small donkey.

When the people who gathered for the holiday heard that Jesus was coming, they went out to see Him, because they heard about the miracles he did. When he came into Jerusalem, sitting on a donkey, people put branches of trees on the ground for Him. Some even put their clothes on the ground for Him.

On this day, children, including those carried by their mothers also came out to see Him. They sang "Hosanna: Blessed is the King of Israel that comes in the name of the Lord."

Exercise
1) Who is the mother of Jesus Christ?
2) What kind miracles did Jesus do?
3) Why were the people gathered in Jerusalem?
4) What did they do when they heard that Jesus Christ was coming into Jerusalem?

Song

Hosanna be-aryam
Eyalu zemeru hitsanat be-Ey eru salem

Meaning: (The children in Jerusalem sang, Hosanna in the highest.)
"Out of the mouth of babes and sucklings, you have perfected praise."

Matthew 21:16
**Easter**

Easter 1st Week

**Objective:** Learn about the resurrection of Jesus Christ.

**References:** Matthew 28:1-8

**Introduction**

The week before Easter was Hosanna. Do you remember what happened on Hosanna? ... Yes, Jesus Christ came into Jerusalem sitting on a donkey and children received him singing, *"Hosanna in the highest, blessed is He who comes in the name of the Lord"*. Let us say these words together: *"Hosanna in the highest, blessed is He who comes in the name of the Lord."* Today, we are going to learn about what happened in the week following the coming of Jesus Christ in Jerusalem.

**The Lesson**

After Jesus came into Jerusalem, the Jews leaders were jealous of Him, and they accused Him falsely. So, they turned the people against Him, and they crucified Him on a cross on a Friday night. But, Jesus Christ prayed for them when they put Him on the Cross. He said, *"Father, forgive them for they do not know what they are doing."*

After Jesus Christ died on the Cross, He was buried. But he rose on the third day from the dead, on a Sunday. On the same day some women went to His tomb to put perfume on His body. But when they arrived, they saw the big stone moved from the tomb, and an angel in white sitting on it. They were afraid when they saw the angel, but he said to them, *"Fear not, for I know you seek Jesus ... He is not here, for He is risen."* So they departed from the tomb with joy, and ran to tell the great news to others.

**Exercise**

1) Why did the Jews leaders accuse Jesus falsely?
2) When did Jesus rise from the dead?
3) Who told the women who came to the tomb that Jesus was risen?

**Song**

*Aman be-aman (4)*

*Tensea emine mutan (4)*

**Meaning:** Truly, Truly, he is risen from the dead.
An angel told the women who came to the tomb of Jesus Christ that He is not here, He is risen.
Jesus Appears to the Disciples

Easter 2nd Week

**Objective:** Learn about the resurrection of Jesus Christ.

**References:** John 20:19-28

**Introduction**

On what day was Jesus Christ risen? ... Yes He was risen on the third day after He died for us. Today, we are going to learn how Jesus appeared to His disciples after His resurrection.

**The Lesson**

Jesus' disciples were gathered in a closed room three days after the death of Jesus Christ. Disciples are followers of Jesus Christ whom He chose to teach the people in His name. While they were gathered, without opening the door, Jesus appeared in the middle of them and said, *"Peace be unto you."* The disciples were happy to see Jesus Christ because this was the first time they saw Him after His resurrection.

One of the disciples, Thomas, was not in the room at the time. So, the disciples told Him that they have seen the Lord. But Thomas said he would not believe unless He saw Him himself, and put his fingers in Jesus hands.

After 8 days, Jesus appeared to the disciples again while they were gathered in a closed room. This time Thomas was also there. Jesus said to him, *"Reach your fingers and touch My hands; put it also on My side, and be not faithless but believing."* And Thomas said, *"My Lord and My God"* and he believed that Jesus was really risen from the dead, because He saw the wounds on His hands and feet.

**Exercise**

1) Who did Jesus appear to in a closed room?
2) Who was not present when He appeared to the disciples for the first time?
3) What did Jesus say to Thomas when He appeared to the disciples the 2nd time?

**Song**

*Aman be-aman (4)*

*Tensea emine mutan (4)*

**Meaning:** Truly, Truly, he is risen from the dead.
An angel told the women who came to the tomb of Jesus Christ that He is not here, He is risen.
**Objective:** Learn about the birth of the Virgin Mary, the mother of our Lord Jesus Christ.

**References:** *Synaxarium - Ginbot 1 (May 9)*

**Introduction**

The Virgin Mary is the mother of Jesus Christ. God chose her to be His mother because she was pure, and holy. Today we are going to learn about the birth of the Virgin Mary.

**The Lesson**

There were kind husband and wife, called Joachim and Anna who lived together for a long time without a child. But, they remained faithful to God, keeping His commandments and praying, so that He would give them a child. They promised that if He gave them a child, they would give the child to serve him all his/her life.

Joachim and Anna grew too old to have a child. But nothing is impossible with God. He saw their faith, and gave them a beautiful baby girl. They named her Mary. She was born on the first day of the Ethiopian month, Ginbot (May 9). We call this day *Lideta*. It means the Birth (of the Virgin Mary).

God gave Joachim and Anna a beautiful daughter at an old age, because they were faithful, thankful for what they had, and always prayed for a child without losing hope.

**Exercise**

1) What are the names of the father and mother of the Virgin Mary?
2) What did Joachim & Anna promise God?
3) Who is the mother of Jesus Christ?

**Song**

*Meserete Hiwot Mariam Berediate Neyi (2)*
*Meheret Cherinetin Yizesh Kesemay (2)*
*Mariam Dinigil Berediate Neyi*

**Meaning:** *Mary, the foundation of life, come to us with grace
With Mercy and Kindness
Virgin Mary, come with grace*
Virgin Mary with Baby Jesus
Angels of Good News
Easter 4th Week

Objective: Learn about the works of angels.
References: Luke 2:10-11; Mathew 28:5-6

Introduction
Angels are messengers of God. They pray for us, and also help us in many ways. Today, we are going to see the different times when they brought good news to us.

The Lesson

1. The angel Gabriel announced to the Virgin Mary that she would conceive and give birth to Jesus Christ.

2. During the First Christmas, when Jesus Christ was born, angels went to shepherds and told them about the birth of Jesus Christ. An angel said to them, "I bring you good news of great joy, which shall be to all people. For unto you is born this day in the city of David a savior, which is Christ the Lord."

3. Do you remember what angels did in the story of Easter? Angels also announced the resurrection of Jesus Christ to women who came to the tomb of Jesus Christ on the day of His crucifixion. An angel said to them, "Fear not, for I know you seek Jesus ... He is not here, for He is risen."

They also rejoice with us when they bring good news to us. On Christmas, they sang, "Glory to God in the Highest, and on earth peace, good will toward men."

Exercise
1) What kind of messages do angels bring to us?
2) What did Angels sing on Christmas night?
3) Who brought the news of the birth and the resurrection of Jesus Christ?

Song
 Micha-el melake meheret (2)
 Bereketih yider begna hiwot (4)

Meaning: St Michael, angel of mercy
 May your grace dwell in our lives
Angel
Jesus Sends His Disciples to Teach
Easter 5th Week

Objective: Learn what Jesus told His disciples to do after His ascension.
References: Mathew 28:16 - 20

Introduction
When Jesus rose from the dead, angels told the women who came to Jesus' tomb, "He is risen ... tell His disciples that He goes before you into Galilee; there you will see Him." Jesus Himself also appeared to them and told them the same thing. Today, we are going to learn about what Jesus told the disciples after His Resurrection.

The Lesson
After the women heard what the angels, and also Jesus Christ Himself told them what to do, they ran to the disciples, and told them what they had seen and heard. When the disciples heard this, they immediately ran to Jesus' tomb, and found it empty as the women had said. So they went to Galilee to meet Jesus according to the message the women brought for them. When they arrived in Galilee, they saw Jesus Christ and worshipped Him. They were very happy again, because they had been very sad because of His death.

Then Jesus said to them, "Go and teach all people, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all things that I have commanded you."

Jesus sent His disciples to teach and baptize all nations, and they obeyed and went throughout the world to do what He had commanded them.

Exercise
1) What did the angels tell the women who came to the tomb of Jesus Christ?
2) What did the disciples do when the women told them the news of Jesus' Resurrection?
3) What did Jesus tell the disciples? Did they obey?

Song
Eyesus Christos Yewedental yitebikenal (2)
Esu legna demun kisolinal (4)

Meaning: Jesus Christ loves us and protects us
He has paid with His blood for us (for our sins)
Jesus’ First Followers

John 1
Objective: Learn the events of Christ's ascension.

References: *Acts 1:6 - 11*

Introduction

Do you remember what we talked about angels in previous lessons? We said that they are messengers of God, and they bring good news to us. We have seen two examples of good news from angels before. Today, we are going to see another news by angels, and learn the events of the Ascension of our Lord and Savior Jesus Christ, into heaven.

The Lesson

Jesus Christ appeared to His disciples many times after His resurrection, and taught them and also commanded them to go teach and baptize all nations. After 40 days, He told them that it was time for Him to go. But He promised to send them the Holy Spirit. Then He blessed them, and as He spoke, He was taken up, and disappeared into a cloud out of their sight. They were sad to see Him disappear from them.

As the disciples looked up into heaven when Jesus was taken up, two angels in white dress stood by them, and said to them, "Why do you stand looking up into heaven? This same Jesus, who is taken up from you into heaven shall so come the same way as you have seen Him go into heaven." The disciples were happy to hear these words from the angels, and they went back together rejoicing.

Exercise

1) What did Jesus Christ command the disciples to do after His Resurrection?
2) How many days did Jesus stay on earth teaching the disciples after His Resurrection?
3) What did the angels tell the disciples, as they stood looking up as Jesus Christ ascended into heaven?

Song

*Motin dil adirgo yetenesaw geta (2)*
*Arege besibhat Arege belilta (4)*

*Meaning:* The Lord who overcame death, and resurrected
Ascended in glory and joy
The Ascension

CBC Kids Pages www.cbcawana.com/kids.html
**Pentecost**  
*Easter 7th Week*

**Objective:** Learn about the events of the day of Pentecost.

**References:** *Acts 2*

**Introduction**

Last week we learned about the ascension of Jesus Christ into heaven. Today we are going to learn about what Jesus Christ told His disciples before he went up to heaven, and the things that happened according to what He told them.

**The Lesson**

Forty days after Jesus Christ was risen from the dead, He gathered the disciples at a place called *Mount of Olive*. He told His disciples to stay in Jerusalem until they have received the Holy Spirit. He told them that they would have power and courage. He commanded them to teach about Him to all nations after they receive the Holy Spirit. Then He blessed them and disappeared in the cloud.

The disciples stayed in Jerusalem together as Jesus has commanded them. Ten days after Jesus went up to heaven, the Holy Spirit came down like fire while they were all gathered together. And they received **power** and **the gift to speak many languages**. There were many people that gathered from different countries who spoke different languages. But they could all hear the disciples speak in their languages.

Peter, standing with the other disciples taught the people about Jesus Christ, and 3000 people believed in Jesus Christ on this day because of His teaching.

The day, on which the Holy Spirit descended and the disciples received the gift of the Holy Spirit, is called **Pentecost**, which means the 50th day, because it is the 50th day after the Resurrection of Jesus Christ.

**Exercise**

1) What is the Resurrection? What is the Ascension?
2) How did the disciples receive power on the day of Pentecost?
3) How many people believed in Jesus Christ on the day of Pentecost?

**Song**

*Menfes Kidus werede la-ile hawariyat (2)*
*Temesilo (4)Temesilo benedde isat (2)*

**Meaning:** *The Holy Spirit came down upon the disciples*
*In the form of a fire*
Objective: Learn about St. Peter's miracle at the Beautiful Gate.
References: Acts 3

Introduction
Ten days after the Ascension of Jesus Christ into heaven, the Holy Spirit came into the house where the disciples were gathered, and filled the room. They received the Holy Spirit and they also could speak many languages. They went and preached about Jesus Christ as commanded them, performing many miracles in His name. Today we are going to learn the first miracle of St. Peter, after receiving the Holy Spirit.

The Lesson
Once upon a time, Peter and John were going to a temple for prayer. (what is a temple?) The entry of the temple was called the Beautiful Gate. There was a man at this gate, who could not walk ever since he was born. He always stayed at the Beautiful Gate to beg for money, food, silver, gold, clothing, and other material things. When Peter and John came to the temple, he called to them hoping to get something from them.

Peter and John stopped at the entry and Peter said to him, "I do not have silver and gold, but I will give you what I have, in the name of Jesus of Nazareth, rise and walk." Then he took his right arm and lifted him up. Immediately, the man stood up, and could walk.

The man was very happy to be able to walk. He went inside with Peter and John, and praised God for healing him. The people saw him walking and praising God, and were amazed at the miracle.

Jesus Christ told the disciples that great signs and miracles would follow those who believe in Him. As He said, the disciples were performing great miracles, casting out demons and healing the sick as we have seen in the story.

Exercise
1) How many days after the Ascension of Jesus Christ did the disciples receive the Holy Spirit?
2) What was the entry to the temple called?
3) What did Peter do to the Person who was begging for money at the beautiful gate?

Song
Tenageru dink sirawin meskiru (2)
Tamirun le-alem nigeru (2) dink sirawin meskiru (2)

Meaning: Speak and testify of His wonderful works.
Tell His miracles to the world, testify of His wonderful works.
Peter's Miracle
An Angel Sets St. Peter Free
July 1st Week

**Objective:** Learn about the importance of prayer, and the role of angels from the story of St. Peter's imprisonment.

**References:** *Acts 12:1 - 19*

**Introduction**
Do you remember who St. Peter is? ... He is one of the 12 disciples of Jesus Christ. Today, we are going to learn how he was freed from prison by an angel of God.

**The Lesson**

Once upon a time there was a king whose name was Herod. He was a bad king. He treated the disciples and the friends of Jesus very badly, because he didn't want them to believe in Jesus Christ or teach about Him.

Once upon a time King Herod put St. Peter, one of Jesus Christ's disciples, in prison, because he was teaching the people about Jesus. When St. Peter was in prison, he was not afraid. He knew that God was with him. In the evening, an angel of the Lord suddenly appeared to St. Peter while he was sleeping in prison, and a light shined around the angel.

The angel woke up St. Peter and told him to put on his sandals and clothes and follow him. St. Peter's hand and legs were chained, but the chains fell off his hands and feet. St. Peter was free again. The angel led him out of the prison to the street.

St. Peter went back to his home. When St. Peter came back home everybody was happy because they were all praying for him to be free again and come back home safely. **God has listened to their prayers and sent His angel to set free.**

**Exercise**
1) St. Peter is one of Jesus' twelve __________.
2) What is the name of the king who put St. Peter in prison?
3) How was St. Peter set free from prison?

**Song**

*Tenageru dink sirawin meskiru (2)*
*Tamirun le-alem nigeru (2) dink sirawin meskiru (2)*

**Meaning:** *Speak and testify of His wonderful works.*
*Tell His miracles to the world, testify of His wonderful works.*
Praised be God, Who helped Me

Thank you, God, for helping me.
Elijah Fed by Ravens

July 2ndth Week

**Objective:** Learn about God's care for those who keep his commandments

**References:** 1 King 7

**Introduction**

Today we are going to learn about a prophet named Elijah. Do you remember what a prophet is? A prophet is a man of God, who tells the people messages from God, and teaches them to keep the commandments of God.

**The Lesson**

There was a king of Israel whose name was Ahab. He used to worship idols. *Do you know what idols are? Idols are statues that some people build, and offer sacrifices for them, or worship them.* This was something against the commandment of God, which says, *"Do not worship any other gods."* Because of this, Elijah told Ahab that there would not be rain in Israel, and as a result there was drought.

But because Elijah kept God's commandment, God told him to go to a certain small river, and said that he would command ravens to feed him. *A raven is a large bird that looks like an eagle.* Elijah went to the small river God told him to go to. The ravens brought him bread and meat everyday, and he drank from the small stream of river.

**Conclusion:**

We need to obey God's commandments always. If we do this, God always protects us even in time of hardship. God sent the ravens to take Elijah bread and meat, when there was no rain and food because of the sins of Ahab and the people. God cares for us too.

**Exercise**

1) What are idols?
2) Where did God tell Elijah to go?
3) How did God take care of Elijah?

**Song**

*Etigdifenne (2) we-itimeninenne (2)*

*Amlake Selam Teradi-anne (4)*

**Meaning:**

*Do not leave us, do not forsake us.*
*God of peace, help us.*
A Raven
Elijah & the Widow - I

July 3rd Week

**Objective:** Learn about God's care for those who keep his commandments

**References:** 1 King 7

**Introduction**

Last week we saw how God cared for Elijah by sending ravens to feed him. We are going to see how God kept on caring for Elijah and how God blessed the house of a widow because of him.

**The Lesson**

Do you remember the story from last week? Ravens were bringing Elijah food, and he was drinking from the small river God told him to go to. But after some time, the river dried up because there had been no rain in the land. Do you remember why it stopped to rain? Because the king, Ahab was worshipping idols. So, God told Elijah to go to a woman whose husband had died. A woman whose husband had died is called a widow.

So, Elijah went to the widow, and he found her gathering sticks. He called her and asked her to bring him water, and bread. She told him that she doesn't have bread, but only a handful of flour in a pot, and oil. She told him that she is gathering sticks to cook the last of what is left for her and her son. But Elijah told her not to fear, but to go make one for him first, and make more for her and her son also. He told her that her flour and oil would never be finished until God sends rain again.

So, she went and baked bread for Elijah, and also for herself and for her son. When Elijah came, she had only a handful of flour, and little oil, but both the flour and oil lasted for a long time as Elijah promised her.

**Conclusion:**

God sends his blessings through holy people. Because the woman served the prophet Elijah, God blessed her house, and everything she had. Because of this she and her son were saved from dying of hunger.

**Exercise**

1) What is a prophet?
2) Where did Elijah go after the river he was drinking from dried up?
3) How did God bless the widow's house?

**Song**

*Atitewen (2)Amlak hoy atitalen (2)*

*Yeselam Amlak Ante Irdan (4)*

**Meaning:**

*Do not leave us, do not forsake us.*

*God of peace, help us.*
The Widow's Oil Jar

The Widows's Flour Pot

The Raven
Elijah & the Widow - II
July 4th Week

Objective: Learn about how Elijah saved a widow's son from death, and how God continued to bless the widow's house through Elijah.

References: 1 King 7

Introduction
The last couple of Sundays we learned about how God cared for Elijah by sending ravens to feed him, and also how God blessed the house of a widow and multiplied her flour and oil to last for a long time, because of Elijah. Today we will learn about another miracle that happened in the house of the widow through Elijah again.

The Lesson
Elijah survived a drought season that came upon the people because of the sin of King Ahab, by feeding what ravens brought him, and later by taking shelter in a widow's house. Several days after Elijah went to the widow, her only son became very sick, and he died. The widow was very sad, and cried to Elijah, saying, "O Man of God, have you come to take my son to remind me of my sin?" Elijah asked her to give him her son, and he carried him up to his room. He laid him on his bed, and prayed to God saying, "O Lord My God, I pray to You, let this child's soul come into him again."

What do you think happened? The Lord heard the voice of Elijah, and returned the soul of the child into him again. Elijah then took the child down, and delivered him to his mother, and said, "See, your son lives."

Conclusion:
Elijah saved the life of the widow's son twice: first when God blessed the flour and the oil they had to last for a long time so that they would not die of hunger, and second when God heard his prayer and revived the child again. We have seen three miracles in the stories of Elijah in the last three lessons:
1. Ravens feeding Elijah,
2. God's blessing of one meal's worth of flour and oil to last for a long time,
3. God heard the prayer of Elijah and returned the soul of the widow's son into him again.

Exercise
1) How did Elijah survive the drought season?
2) What happened to the widow's son?
3) How did Elijah save the life of the widow and her son?

Song
Behiwot akoyito beselam betena lezih yaderesen (2)
Melkamu Eregnachin Eigziabher yemesgen (2) lezih ken egnan yaderesen (2)

Meaning: Praised be God, our good shepherd,
Who preserved us in good health and peace.
Elijah raises the widow's son.
**Elijah is taken up to heaven**

*August: 1st Week*

**Objective:** Learn about the ascension of Elijah into heaven.

**References:** 2 Kings 2

**Introduction**

During the last few weeks we learned how God cared for Elijah by sending ravens to feed him, how God blessed the little flour and oil of a widow to last for a long time because of her kindness to Elijah, and how God heard the prayers of Elijah, and raised the widow's son from death. Today we will learn about how God took Elijah up to heaven.

**The Lesson**

The prophet Elijah had a follower who used to serve him, called Elisha. Do you remember what a prophet is? Once upon a time, God called Elijah to go to Jordan. So, Elijah went to Jordan with Elisha. Fifty other prophets also followed them to see what would happen, because they knew that God had called Elijah. When they came to the Jordan River, Elijah hit the water with his mantle (a mantle is clothes that is usually laid upon and wrapped around a shoulder). And the water was divided into two and they passed through the dry land.

After they crossed the Jordan River, Elijah said to Elisha, *"Ask what I shall do for you before I am taken away from you."* Elisha answered, *"Let a double portion of your spirit be upon me."* Elijah told him that he asked a hard question, but told him that it would be done for him if Elisha saw him when he is taken from him.

And as they kept on their way talking, chariots and horses of fire appeared, and came between them. And Elijah was taken up to heaven.

As Elijah was taken, Elisha cried, *"My father, my father..."* Then he could not see Elijah anymore, but he took his mantle with which Elijah parted the Jordan River. Then he returned and hit the water with the mantle as Elijah did, and the water parted into two. So, he passed through dry land. The prophets who were watching all these things from afar said that the spirit of Elijah was upon Elisha.

**Conclusion:**

Elijah was a man of God, whom God took up to heaven because of his obedience and holiness. Elisha left his father's and his mother's house and followed Elijah because he knew that Elijah was a man of God. Because he served Elijah, and also obeyed him, Elijah asked him what he could do for him before he was taken. Elisha asked for Elijah's spirit to be upon him two fold. Elisha took Elijah's mantle when Elijah was taken up to heaven, and the spirit of Elijah also was upon him.

**Exercise**

1. What was the name of Elijah's follower?
2. How did Elijah and Elisha cross the Jordan River?
3. What did Elisha ask for before Elijah was taken up to heaven?

**Song**

*Behiwot akoyito beselam betena lezih yaderesen (2)*

*Melkamu Eregnachin Egziabher yemesgen (2) lezih ken egnan yaderesen (2)*

**Meaning:**

Praised be God, our good shepherd,
Who preserved us in good health and peace.
Elijah
Praying
Daniel in the Lion's Den

Objective: Learn that God can save us from anything if we believe in him.

References: Daniel 6

Introduction
Do you remember the story of Elijah ... how God took care of him in times of hardship, and also how God blessed the house of a widow through Elijah? Today, we are going to learn about how God saved another prophet from a lion.

The Lesson
Once upon a time, a king called Darius declared that no one in his country could pray to God. The king said anyone who prays would be thrown into a den of lions. There was a man of God, called Daniel living in the country. He used to open his windows and pray three times a day. When Daniel heard what the king had declared, he continued to open his window and pray three times a day as usual.

There were people in the country who were jealous of Daniel, because the king had given Daniel a high position in his country. They saw Daniel praying with his windows open, and they went to the king and told him that Daniel broke the king's law. So, the king commanded for Daniel to be thrown into the den of lions.

Then early the next morning, the king came to see what had happened to Daniel. He came close to the den and said, "O Daniel, servant of the living God, is your God, able to deliver you from the lions?" Then Daniel replied, "My God has sent his angel and has shut the lions' mouths, and they have not hurt me." The king was glad to hear that Daniel was still alive, and he ordered his servants to take him out. So, Daniel came out, and he was not hurt at all because he believed in God.

King Darius made a new declaration for everybody to worship and fear the God of Daniel, "for He is the living God ... He delivers and rescues, and He works signs and wonders in heaven and on earth..."

Conclusion:

If we believe in God, He saves us from anything, as He saved Daniel from the lions. He sends His angels, as He did for Daniel, to save us from lions, or fire, other things.

Repeat these words of King Darius:

- The God of Daniel is the living God.
- He saves and He rescues.
- He works signs and wonders in heaven and on earth.

Exercise
1) What did king Darius declare about worshiping?
2) How many times a day did Daniel pray?
3) Why was Daniel thrown in to a den of lions? Did the lions heart him?

Song

Egziabher berhanena medhanite new
yemiyasdenegitegn yemiyasferagn manew (2) Amlake memekiyaye new (2)

Meaning: God is my light and my savior.
Who can scare me or frighten me? He is in whom I glory.
Daniel in the Lion's Den
The Child Samuel  
August: 3rd Week

Objective: Learn about the service, love and prayer of Samuel.
References: 1 Samuel 1; Sunday School Curriculum (Southern Coptic Diocese in the US)

Introduction
What is a prophet? ... A prophet is a messenger of God who teaches the people to keep the commandment of God, and also tells of God's messages. Today, we are going to learn about the childhood of one of the God's prophets called Samuel. He was the child of God loving parents, Hannah and Elkanah.

The Lesson
The parents of Samuel, Hannah & Elkanah were very good people who loved God very much. But they didn’t have any children. This made Hannah very sad. So she went to the temple one day and started to cry, asking and praying that God may give her a baby. She promised to give the child to serve in the temple if God gave her a child. God listened to her prayers and gave her a son and they named him Samuel. Hannah and Elkanah took Samuel to the temple to fulfill their promise, and Samuel lived and grew up in the temple.

One day while Samuel was sleeping, he heard someone call his name. He got up and ran to the priest, Eli thinking that he had called him. He said to the priest “Here I am”, but the priest told him to go back to sleep because he hadn’t called him. So Samuel went back to sleep. But he heard the voice calling him again, so he got up and ran to the priest and said to him “Here I am”. The priest told him to go back again because he hadn’t called him. This happened for the third time.

When Samuel went to the priest again thinking that he had called him, the priest realized that God was trying to speak to Samuel. So he told Samuel to go back and say, “Speak, Lord, for your servant hears”, and to listen carefully. When Samuel heard the voice calling him again he said, “Speak for your servant hears”. Then God started to speak to Samuel and He told him that He was going to punish the people of Israel because they weren’t listening to God.

Conclusion:

- He was obedient – when he thought that the priest was calling him, he ran to him immediately to see what he wanted. He didn’t take his time or pretend not to hear him.
- God wanted to talk to Samuel even though he was a little boy because He loved him. God wants to talk to us too because He loves us no matter how small we are.
- Even though Samuel was a little boy, he served God and did good things. We too must do good and avoid doing bad things.

Song

Enamesginew (4)
Amlakachin wiletaw bizu new (4)

Meaning: Let us praise Him
Our Lord's gift is abundant
The Child
Samuel
Behavior in Church
August: 4th Week

Objective: Learn how to behave and worship in the house of God.
References: Matthew 21:12-17

Introduction
A church is a special place because it is a house of God. Preparation to come to the house of God starts from home. We have to be clean, and dress neatly. Today we are going to see a story about what Jesus Christ did to people who did not respect the house of God.

The Lesson
One day, when Jesus went into the temple in Jerusalem, He found the people inside selling oxen, sheep, doves and exchanging money. What is a temple? ... Jesus was angry. Why do you think the Lord was upset? He wanted the people to respect and honor the church. So, He said to them, Take these out, do not make my Father's house, a house of merchandize. My house shall be called a house of prayer”. And he drove them out of the temple.
Do we want the Lord to be upset with us? So how should we behave?
A church is a house of God, therefore a house of prayer. We should do the following when we come to church:

- We should be clean and also have clean cloth.
- We should take our shoes off when we go inside.
- Once we are inside the church, we should stand or sit (if tired) in one place until Holy Communion.
- You should make the sign of the cross before you go inside the church. Do you remember how to make the sign of the cross? ...

If we do all these things, Jesus will be happy with us, and He will bless us.

Conclusion:
We should respect the church and the priests because the church is the house of God, and therefore it is called a house of prayer. God is present in the church all the time. During the liturgy, the angels and the saints also come and join us.

Song
Enamesginew (4)
Amlakachin wiletaw bizu new (4)

Meaning: Let us praise Him
Our Lord's gift is abundant
We Worship God
Qurban
September: 1st Week

**Objective:** Learn about Holy Communion, and what we should do before and after receiving it.

**References:** Matthew 26:26-27; John 6

**Introduction**
Do you receive **Qurban** on Sundays? Do you know what it is? Today, we are going to learn about it, so that we all know what **Qurban** is, and why we receive it.

**The Lesson**

During his life on earth, Jesus Christ taught the people that unless they eat His body, and drink His blood, they couldn't inherit their kingdom of God. The people were wondering how Jesus Christ would give them His body and His blood.

One evening, He was sitting with his disciples around a table. **Disciples are His followers whom He chose to follow Him.** Then he picked up a bread, and blessed it, gave it to them, and said, *"Take it, this is My body."* Then he took a cup of fresh wine, blessed it, gave it to them, and said, *"Drink from it, all of you. For this is My blood of the new covenant, which is shed for many for the remission of sins."

Do you understand what Our Lord Jesus Christ did? He blessed the bread, and changed it into His flesh. He blessed the fresh wine, and changed it into His blood. This is what **Qurban** is: **It is the Body and Blood of Jesus Christ.**

He told the disciples to do the same. So, when the priest prays over the bread inside the holy of holies at church, it becomes the body of Jesus Christ, and the wine becomes His blood.

**Conclusion:**

**Qurban is the body and blood of Jesus Christ.** It is the body and blood of Jesus Christ that children and grown ups receive near the end of Sunday Liturgy prayers. We receive Qurban because it removes our sins, as Jesus Christ said: *"Take it, this is My Body ... This is My Blood which is shed for the remission of sins."*

**Song**

*Enamesginew (4)*

*Amlakachin wiletaw bizu new (4)*

**Meaning:** Let us praise Him
Our Lord's gift is abundant
We Worship God
Jesus Feeds 5000

Objective: Learn miracles of Jesus Christ
References: John 6

The Lesson

Many people used to follow Jesus Christ because they have heard of His miracles. Once upon a time, he saw many people coming to him, and asked one of His disciples, "Where shall we buy bread that these may eat?" The disciple replied that they couldn't buy enough for everyone.

A disciple named Andrew told Jesus that there was a man who had five loaves of bread and two fish. Jesus took the five loaves of bread and the two fish and blessed the food. He told the disciples to give the bread and the fish to the people. The disciples took the baskets of bread and fish and gave to the 5000 people as much as they wanted.

After they had finished eating, Jesus told them to gather the leftover, and they collected twelve baskets of leftovers.

Conclusion:

- Jesus fed five thousand people with only two loaves of bread, and five fish. Do you remember of a story where God gave his people food from heaven?
- If we follow Jesus Christ, he provides us with our needs, as he provided for the people who followed him in this story.

Song

Enamesginew (4)
Amlakachin wiletaw bizu new (4)

Meaning: Let us praise Him
Our Lord's gift is abundant
Basket of Bread & Fish

“I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst.”
John 6:35